

Members,

As a benefit and value to our valued members, we have partnered with LifeTech Services to offer discounted CPR, First Aid, AED and Bloodborne Pathogen Training and Certifications for \$80 per person!!! We have this 8 hour class coming up Dec 7 from 8 to 4. Lunch will be provided.

Whether it is in a warehouse, or out on a construction site, it is important to be prepared for every situation that might arise. It is equally important to comply with current OSHA requirements regarding proper training of your staff. American Heart Heartsaver® CPR certification provides that training and when injuries are a concern we recommend the Heartsaver CPR certification with First Aid.

LifeTech instructors will provide you with the skills and knowledge to act in an emergency and more importantly will help build the confidence that you need to handle any emergency. Our classes include complete CPR training and how to know the signs of an impending emergency. You will also learn what to do in an airway obstruction emergency. Included in every class is clear instruction for AED usage.

First Aid training is also available and includes but is not limited to: soft tissue injuries, bone and muscle injuries, medical emergencies including diabetic emergencies, anaphylactic shock (including how to use an epi-pen) and environmental emergencies.

Topics covered in Heartsaver CPR/AED classes include:

- * Scene Safety
- * Using Protective Barriers
- * Checking Responsiveness
- * Activating EMS
- * Clearing the Airway
- * Assisting Unresponsive Patients
- * Assisting Choking Patients
- * Assessing Breathing
- * CPR for Cardiac Arrest
- * Automated External Defibrillation Demonstration
- * Adult, child and infant CPR
- * Adult, child and infant choking

First Aid training includes but is not limited to:

- * **Soft tissue injuries**
- * **Bone and muscle injuries**
- * **Medical emergencies including diabetic emergencies**
- * **Anaphylactic shock**
- * **How to use an epi-pen**
- * **Environmental emergencies.**

AED topics include:

- * **Chain of Survival**
- * **What does an AED do?**
- * **Why you should use caution when using an AED on an infant**
- * **Adding the use of an AED to a CPR emergency**
- * **Basic AED operation and function**
- * **Other considerations in AED use**

This class will be held at our TBG headquarters at 2919 Eagandale Blvd #100. This class can accommodate up to 40 participants so RSVP today via email Cheri Ambrose at cambrose@lifetechservices.com

Can't make this date? LifeTech will also offer this discounted training on site to our members that have 10 or more participants. LifeTech will travel throughout the state of Minnesota.

AED Management is also offered to TBG members at a discounted price of \$250 per device per year. Call or email Cheri Ambrose to learn more. 651-788-6030 or cambrose@lifetechservices.com.

LifeTech offers AED Management to assure that your organization has the AED equipment, staff training, and practice to respond to an emergency. The program offers the level of support which fits your organization.

LifeTech AED Management Program

- **Verify your equipment is properly installed and located**
- **Test the equipment to assure it is in proper working condition**
- **Track and replace (replacement at discounted member price) outdated batteries and pads**
- **Track and install software updates**

The Builders Group

- Register the equipment and its location with the national registry
- Geo-tag or pinning of AED to the AED Registry App™
- Facilitate an AED Scenario Practice for staff
- Provide response plan and cardiac emergency protocols
- Post incident medical reporting
- Post event loaner until unit returned to service

To register for upcoming class, schedule an alternate class, or to learn more about any of the training or management programs call or email Cheri Ambrose at LifeTech Services at 651-788-6030 or email cambrose@lifetechservices.com.

The Builders Group

The material contained herein is intended for reference purposes only. It is not intended to meet any contractual agreements, or requirements of applicable Federal, State or Local law regulation or ordinance. It should be reviewed by appropriate counsel before use.